

# American Red Cross Emergency Contact Card

Get a kit. Make a plan. Be informed.

- Directions:
- \* Print out a card for every member of your household.
  - \* Fill in your emergency contact information.
  - \* Carry this card with you to reference in the event of a disaster or other emergency.

Health Care Provider: \_\_\_\_\_  
Poison Control Center: 800-222-1222  
Ambulance: Call 9-1-1 or \_\_\_\_\_  
Fire Dept.: Call 9-1-1 or \_\_\_\_\_  
Police: Call 9-1-1 or \_\_\_\_\_

**Important Phone Nos.**

**Emergency Contact Card**

Name: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Home Address: \_\_\_\_\_

**People to Call or Text in an Emergency**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Out-of-Area Contact Person: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Meeting Place Outside of Neighborhood: \_\_\_\_\_

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**People to Call or Text in an Emergency**

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Out-of-Area Contact Person: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Meeting Place Outside of Neighborhood: \_\_\_\_\_

Visit [RedCross.org](http://RedCross.org) for more valuable information about creating an emergency communications plan, putting together an emergency preparedness kit and for other important preparedness information.