NO SAFE Time. NO SAFE Amount. NOSAFE Alcohol during Pregnancy. 

the Ovum

1-2

Vulnerability of the fetus to defects during different periods of development. The dark blue portion of the bars represents the most sensitive periods of development, during which teratogenic effects on the sites listed would result in major structural abnormalities in the child. The lighte blue portion of the bars represents periods of development during which physiological defects and minor structural abnormalities would occur.

SOURCE: Adapted from Moore 1993.

National Organization on Fetal Alcohol Syndrome Helping children & families by advocating for the prevention and intervention of Fetal Alcohol Spectrum Disorders, the leading known cause of mental retardation & birth defects in the United States.

## Fetal Development Chart



