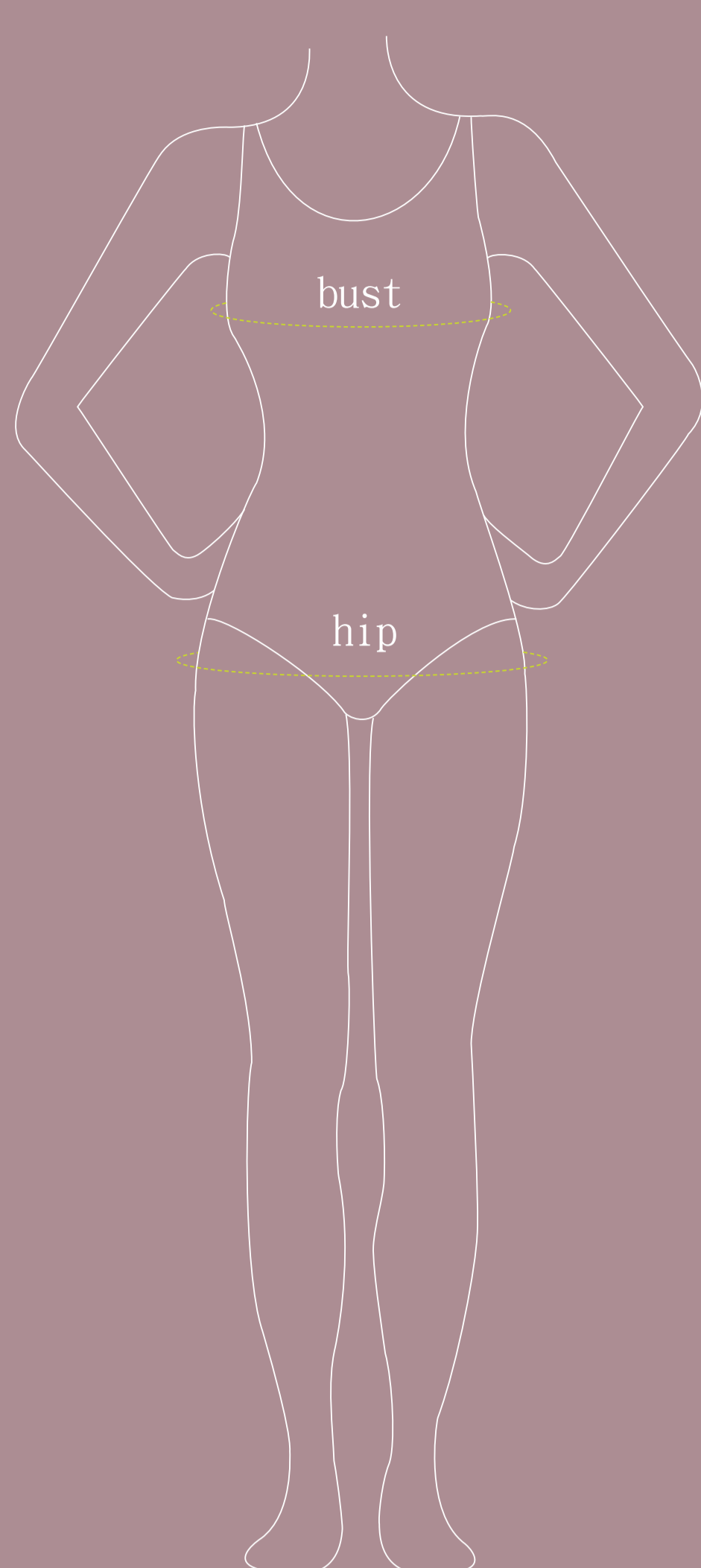


Size Chart guideline



Tops

We recommend to stay with your pre-pregnancy size when choosing maternity wear. The only change should be your bust.

Top Sizes		
Mamaway Size	Bust Size (inch)	Weight (kg)
XS / 8	32-34	under 49
S / 10	34-36	50~60
M / 12	36-38	60-70
L / 14	38-40	70 and up
XL / 16	40-42	70 and up

※ weight is only a guideline, not strictly applicable for everyone.

Bottoms

For bottoms, please measure the widest part of your hip just below the belly. Don't worry about waist measurements- the super stretch Jersey Waistband is designed to fit the belly perfectly through all three trimesters.

Bottom Sizes		
Mamaway Size	Hip (inch)	Weight (kg)
XS / 8	37-38	under 49
S / 10	39-40	50~60
M / 12	40-41	60-70
L / 14	41-42	70 and up
XL / 16	43-44	70 and up
XXL / 18	45-46	70 and up

※ weight is only a guideline, not strictly applicable for everyone.

Bras

Step A • Bust size

Measure at the fullest and widest level of your bust.

Step B • Band size

Measure around your rib cage right under the bust. Keep the tape snug, but not tight.

cm	70	75	80	85	90
inch	32	34	36	38	40

Step C • Cup size

Subtract the band size from the bust size: $A - B = C$
Use this measurement to find the corresponding cup size from the chart below: (unit : cm)

Nursing Bra		
Bust—Band (difference)		Cup
10.0 cm	4"	A
12.5 cm	5"	B
15.0 cm	6"	C
17.5 cm	7"	D
20.0 cm	8"	E
22.5 cm	9"	F
25.0 cm	10"	G

Step D • Bra size

Your correct bra size is the combination of Band size(B) and Cup size (C)

Example:

Monica's measurements
bust size 87.5cm (34.5") band size 75cm (32")
her bra size would be 75B.

For the Majority

- The bust (cup size) usually begins to shrink at 6 months after birth.

- During pregnancy, your band size will gradually increase as your baby grows; and then slowly shrinks back to your original size after labor. This is when your cup size enlarges drastically due to prepare for breastfeeding.

Get more from <http://strongform.org>

Facts

- Very Important! Always always shop according to your original bra size. Oversized bra will not only provide you zero support, but will also have you end up sagging with stretch marks.

- Bustier mothers who have more weight to carry should select styles with wider bra straps for extra shoulder care.

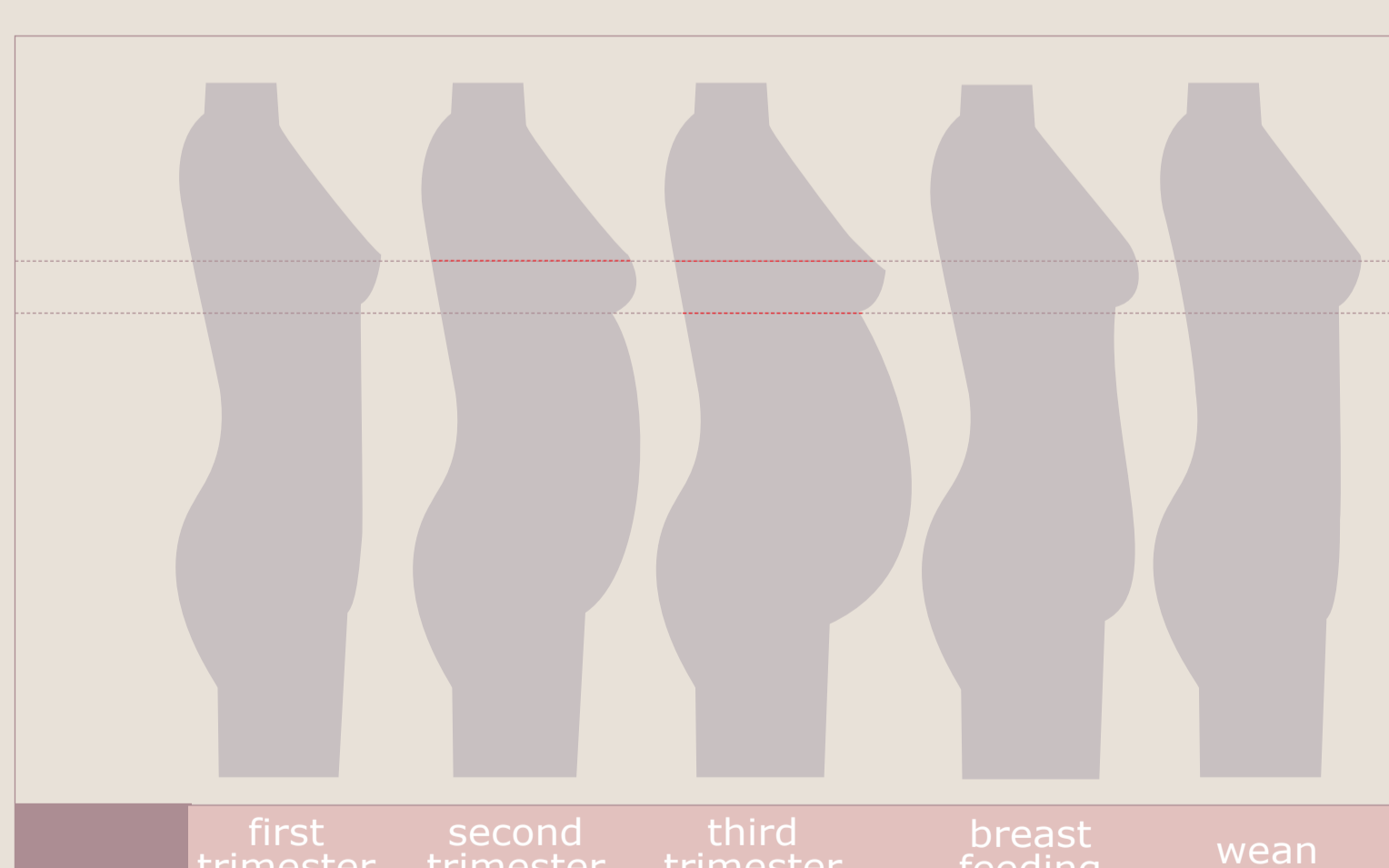
- Mamaway bras allow 1 to 2 cup size of ease, for

- Nursing bras offer the same support as maternity bras, with additional breastfeeding clasp openings.

- Look out for selections that come with a hook & eye extension. This will accommodate you up to 2 band sizes up.

- If you, like many other women have uneven cup sizes, use measurement of the smaller side.

- If uneven cup sizes exceed more than one size apart, take the average size of the two.



Sleep Bras

Wireless sleep bras are much more flexible made of satiny super stretch fabrics. Sizing is separately determined by the following chart:

Sleep Bra Size Chart		
size	band	bust
S	70-75cm 32-34 "	81-86cm
M	75-80cm 34-36 "	86-91cm
L	80-90cm 36-40 "	91-96cm