

# Personal Training Agreement

Effective Date      \_\_\_\_/\_\_\_\_/\_\_\_\_

Personal Trainer      [Legal Name], AKA (The Trainer)

Located at              [Address]  
                                 [City], [State] [Zip Code]

&

The Client              [Legal Name], AKA (The Nanny)

Located at              [Address]  
                                 [City], [State] [Zip Code]

Phone:                    (000)000-0000

Email Address:        [youremail@name.com](mailto:youremail@name.com)

To conduct my business effectively and efficiently the following terms and conditions apply:

If a training session is not canceled with twenty-four hour advance notice The Client will be charged. However, emergencies or sudden illness will be exempt.

Please maintain communication with The Trainer a lapse of more than seven days will result in a lost time slot.

Rescheduling a session time slot will be accommodated on a first come first serve basis. It is most important for a client to have a consistent schedule.

If you need to reschedule occasionally that is okay. However, if it is on a consistent basis it may result in the loss of your time slot.

If a client is more than twenty minutes late for a training session and has not notified The Trainer. The Client will be considered a no show and The Client will be charged for the session without participating. If this happens consistently loss of a time slot and / or training may occur.

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Time slots cannot be guaranteed after lengthy vacations or time away without prior communication.

All payments are due the first week of the month and will be considered past due after seven working days. The Client may not participate in training sessions with an overdue account. Sessions that may go unused for the month will carry over to the following month but no further. Stated differently sessions that are paid for are good for sixty days and expire worthless after.

**Applicable Law**

This contract shall be governed by the laws of the State of \_\_\_\_\_ in \_\_\_\_\_  
County and any applicable Federal Law.

\_\_\_\_\_ Date

Signature of The Client