

## Weekly Cleaning Checklist

Bathrooms:		
	Change and launder bath mats, towels, and washcloths.	
	Clean toilets, bathtubs, showers, and sinks.	
	Dust light fixtures.	
	Empty trash bins and wipe the insides and outsides.	
	Vacuum and mop floors.	
	Wipe mirrors.	
Bedrooms:		
	Change and launder sheets and pillowcases.	
	Discard magazines and catalogs on side tables; store those you want to keep.	
	Dust surfaces, including furniture, objects, and light fixtures.	
	Empty trash bins.	
	Fluff pillows and comforters.	
	Vacuum floors.	
Dining Room:		
	Dust surfaces and objects, including furniture and light fixtures.	
	Vacuum upholstery and floor.	

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Entryways, Stairs, and Hallways:		
	Dust staircase banisters, furniture, objects, and light fixtures.	
	Launder machine-washable throw rugs and runners.	
	Vacuum stairs and landings.	
	Vacuum and mop floors.	
	Wipe mirrors.	
Home Office:		
	Dust surfaces and objects, including furniture, light fixtures, and electronics.	
	Empty trash bin.	
	Sort through in-boxes: pay bills, file paid bills and paperwork.	
	Vacuum floor.	
Kitchen:		
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	Discard foods and beverages past their prime.  Dust light fixtures.  Flush drain with boiling water.  Wipe surfaces, including sink, countertops, the outside of the ventilation hood, refrigerator and cupboard doors.  Wipe the inside of the oven, microwave, and toaster oven.	
	Discard foods and beverages past their prime.  Dust light fixtures.  Flush drain with boiling water.  Wipe surfaces, including sink, countertops, the outside of the ventilation hood, refrigerator and cupboard doors.  Wipe the inside of the oven, microwave, and toaster oven.  Wipe the inside and outside of trash and recycling bins.	

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Living Room:		
	Discard magazines and catalogs on coffee or side tables; store those you want to keep.	
	Dust surfaces and objects, including furniture, light fixtures, and electronics.	
	Fluff and rotate sofa cushions.	
	Vacuum upholstery and floor.	
Throughout the House:		
	Wipe hand and pet prints from windows and glass doors.	
	Vacuum vents.	