MY NAME IS _____

MY GROUP LEADER IS _____

Just Run!®

My Running Log

WEEK	MON	TUES	WED	THUR	FRI	SAT	SUN	+ MILES (run with parent)	TOTAL	PARENT INITIALS
1	____	____	____	____	____	____	____	____	____	____
2	____	____	____	____	____	____	____	____	____	____
3	____	____	____	____	____	____	____	____	____	____
4	____	____	____	____	____	____	____	____	____	____
5	____	____	____	____	____	____	____	____	____	____
6	____	____	____	____	____	____	____	____	____	____
7	____	____	____	____	____	____	____	____	____	____
8	____	____	____	____	____	____	____	____	____	____
9	____	____	____	____	____	____	____	____	____	____
10	____	____	____	____	____	____	____	____	____	____
11	____	____	____	____	____	____	____	____	____	____
12	____	____	____	____	____	____	____	____	____	____
13	____	____	____	____	____	____	____	____	____	____
14	____	____	____	____	____	____	____	____	____	____
15	____	____	____	____	____	____	____	____	____	____

COMMENTS: _____

_____