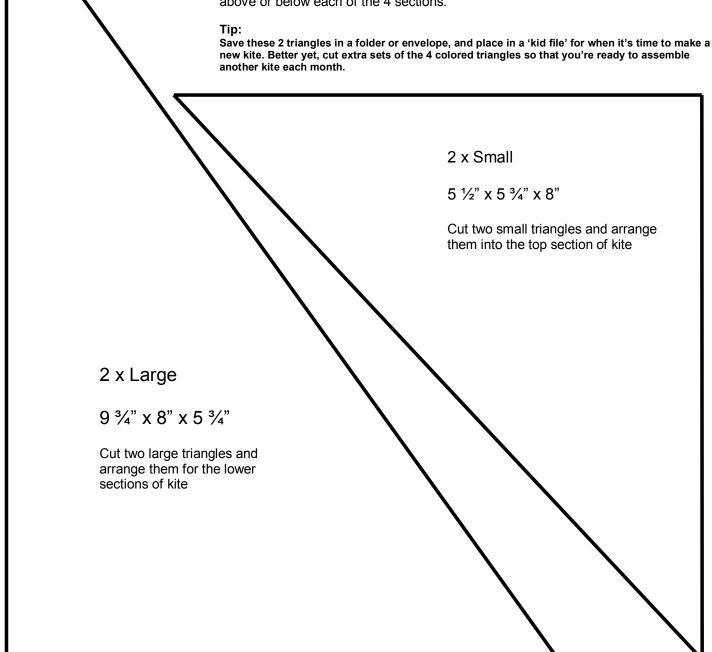
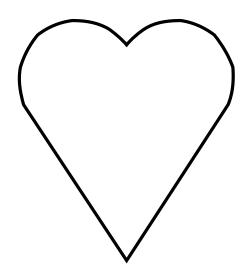


- 1. Print page, then by cutting or tracing, make a template of each triangle out of poster board. (Making this template will help to cut the triangles from colored construction paper, but you may choose to skip making a template and just print these directly onto 8 ½ x 11 colored paper, then cut & skip to #3.)
- Using triangle cut-outs, trace onto 4 different pieces of bright-colored card stock or construction paper (flip triangles over if they left lines, or just cut freehand so there are no line marks.)
- 3. Assemble 4 triangles into kite, using double stick tape or other adhesive to attach to the kite frame. (It works best to tape the 4 sections together on the backside.)
- 4. Unless you choose to use a legend (shown on page 3), write each behavior goal above or below each of the 4 sections.



Heart template for child's name, to use with STICKER KITE



Personalized Sticker Kites Instructions:

- Print this page onto cardstock or trace heart onto poster board.
- Using heart cut-out, firmly hold in place while cutting freehand from colored paper, cutting enough hearts to spell out child's name, or nickname. (You can layer at least 4 pieces of scrap construction paper to cut several at once.)
- 3. Write letter on each heart to spell out child's name.
- 4. Tape long piece of yarn or ribbon to back of assembled kite and attach to wall, door or refrigerator (carefully consider length and placement of string so a child under age 5 does not have unsupervised access to string, which could pose a strangulation hazard.)
- 5. Tape each heart centered onto yarn. (To let them dangle, tape string to back of heart, or adhere to door or wall by attaching a bubble of tape to stick the heart to the string and door.)

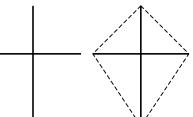
Kite Frame/Border

(To stick the colored kite sections to.)

Kite frame is 14 $\frac{1}{2}$ " center height, and 12 $\frac{1}{2}$ " across (use the instructions to make the correct cross shape, because the top triangles are smaller than the bottom triangles).

Using poster board (usually found in any school/office supply department):

1. With a ruler (preferably a square), draw lines to sketch a cross; **14** ½" **long** (6" from top to middle and 8 ½" down) then **12** ½" **across** (6 ¼" each side to middle).



- 2. Connect lines to make a diamond.
- 3. Cut out diamond (kite) shape.
- 4. Turn over to hide lines on the side affixed to door or wall.
- 5. Adhere to door, wall or refrigerator.
- 6. Colored kite sections will be assembled and adhered in the center of kite frame.
- 7. The white border can be used to write each of 4 behavior goals set for child by the color you assign to them (or make legend as shown on next page.)

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^{*} You can make a new kite (each month) by taping new colored sections of kite with double-stick tape. Because the behavior goals are likely to change often, you might want to leave the border blank (using it just for a frame) and use a legend instead.





- 1.) Consider behaviors that need improving, and then choose 4 goals, with each color representing a different behavior goal.
- Picking up toys
- No hitting
- Staying in room for nap
- Using manners at dinnertime
- Washing hands after dinner
- Sitting on the potty

(Note: Going potty is <u>not</u> a behavior, but showing obedience by sitting still on the toilet and "trying" is.) If you want to do reward systems for each elimination in the toilet, it's best to use a different 'potty chart' and not to confuse this with expected behaviors such as: hitting, interrupting, and complying with rules like picking up toys and sitting still at table during meals.

2.) Have a supply of medium-sized shiny stars or your child's favorite stickers handy.

When to reward:

Don't make stickers too hard to receive, or too easy (no more than 5 stickers per day). **Do** make a system that should be easy for child to receive at least 1 sticker, so they'll continue to be encouraged and understand the idea and the routine.

Reward when behavior was accomplished (cleaned playroom when asked), or look at kite each day before bedtime and talk with child about which stickers they earned that day. **Add up** stickers at end of month and determine an appropriate value to each sticker to contribute to their piggy bank (10 cents each sticker could result in \$2 to \$4 each month). **Show them** your hard earned money becoming their hard-earned money and let them place

Other considerations & ideas:

- If you have an older child that is pretty compliant and doesn't have many behavior challenges, then assign little chores (shoes are neatly placed by front door, made their bed in the morning, etc.) Older siblings may not have the opportunity for as many stickers, but can have a higher value assigned to each sticker.
- If your child has seemed to master their obedience to a given behavior, then replace it with a new goal for next month's kite.
- Don't give stickers out too loosely, but for the sake of reinforcing the positive, occasionally offer "bonus" stickers for something at random ("you were very good at the grocery store today", or "you did a good job sharing with your sister today", etc.) and let them put a sticker wherever they want on their kite.

Sticker Kite Legend: Hang a small piece of paper near the kite(s) to remind you what behaviors you assigned each color of the kite. Use a marker or crayon to make your own legend, like this: Dinner table manners Put toys away No hitting sister Took nap by yourself

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