

Helen Mann

Acting Resume



AREAS OF EXPERTISE

Voiceovers

Regional Accents

Lighting & Sound operating

Growling

Theatre movement

Fluent French

PROFESSIONAL

Equity member

Best Actress Award 2006
(Midlands Region)

AFTRA

PERSONAL DETAILS

Height; 5ft 6inches

Weight; 135 lbs

Build; Athletic

Eyes; Blue

Hair; Dark Brown

Age; 24

Role ages; 22 – 35

CONTACT DETAILS

Helen Mann
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Driving license: Yes

PERSONAL SUMMARY

A motivated, committed and talented actress with strong stage instincts and extensive formal training. Helen is a perfectionist who possesses a solid work ethic which compels her to keep tweaking a acting part until both she and her colleagues are fully satisfied with her performance. She is committed to achieving the highest standard of performance and is always willing to listen and learn from others. In the past she has worked alongside renowned figures in both studio and independent film company settings. She is energetic, prepared to 'go the extra mile' and is sure to make a real difference to any project she is involved in.

CREDITS

Film

| | <i>Name</i> | <i>Character</i> |
|---------------------------|-------------|---------------------|
| • Master Film Productions | Night Call | Karen - 2012 |
| • FUJI Film | Every day | Michelle - 2011 |
| • Left Film Productions | Ten seconds | Natalie Hill - 2009 |

Television

| | | |
|----------------------------|-----------|------------------------|
| • Independent Film Company | Everyman | Car Salesperson - 2010 |
| • North TV Productions | Full Time | East European - 2010 |
| • Touchman Films | Big Break | Jane Bent - 2009 |

Theatre

| | | |
|--------------------------|------------------|-------------------|
| • The Old Grey Lion | The Raven | Jill Canon - 2009 |
| • Roving Theatre Company | Faithful Servant | Inn Keeper - 2009 |

KEY SKILLS AND COMPETENCIES

Music & dance

| | | |
|----------------|---------------|-------------------|
| Sword fighting | Ballet | Country & Western |
| Period fencing | Hip Hop | Swing |
| Stage Combat | Piano playing | Ice skating |

Dialects

| | | | |
|--------------|----------|------------|-------------------|
| North London | Midlands | Latino | Aristocratic |
| Scottish | Cockney | Mancunian | Southern American |
| Irish | Scouser | New Yorker | Welsh |

Singing & vocal

| | | |
|---------------------|-----------|-------------------|
| Singing Baritone | Narrating | Classical singing |
| Voice improvisation | Whistling | Cartoon voices |

ACADEMIC QUALIFICATIONS

Sparkbrook University 2005 - 2008

BA (Hons) Acting

Coventry Central College 2002 - 2005

A levels: Maths (A) English (B) Technology (B) Science (C)

REFERENCES – Available on request.

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