The Ultimate Traveler's Checklist

Included in the Pack It Up Book & DVD

Basics		Safety & Security	
	Zip-top Plastic Bags	□ ~	Security Wallet
	Dry Cleaner Bags		(passport, credit cards, cash,
	Compression Bags		airline tickets, atm card, etc.)
	Flashlight, Extra Batteries		Photocopies of all
	Travel Alarm		documentation
	Spare Glasses, Contacts		Photos of travel companions
	Address Book, Labels		TSA Luggage Locks
	Photos From Home		Whistle, Compass
	Flip Flops, Thongs	and i	n your Carry-On Bag
	Tissues		Anything Valuable
	Expandable Tote Bag	ā	Purse, Wallet, Coin Purse
Persona	l Care Items		Medications
	Hanging Toiletry Kit	_	Camera, Film, Batteries
			Healthy Snack & Water
	Personal Hygiene Items		
	Nail Clippers		Neck Pillow, Eye Shades &
	Pain Reliever, Antacids		Ear Plugs
	Insect Repellant		Toothbrush, Toothpaste
	Sunscreen, Lip Balm	_	Change of clothes
	First Aid Kit, Band-Aids		Glasses, Sunglasses
	Washcloth		Make-up, Moisturizer
	Vitamins		iPod, CD Player, CD's
	Motion Sickness Remedy		Reading Material
	Perfume Atomizer	For Wo	ork
	Laundry Kit, Travel Soap		Briefcase
	Microfiber Travel Towel		Laptop Computer, Battery,
Clothing	3		Modem
	Walking Shoes		Cell Phone, PDA, etc.
	Sandals, Thongs		Converters, Adapters
	Dress Shoes		Extension Cord, Calculator
	Socks & Hosiery		Rubber Bands, Paper Clips
	Lingerie		Business Cards
	Belts & Accessories		Highlighter Pen, Marker
	Skirts, Dress	Easy To Pack Gifts	
	Casual Pants & Shorts		Playing Cards, Dice
	T-Shirts (short & long sleeve)		Frisbee, Bubbles, Games
	Sport Coat & Dress Pants		Bandana, Hat, Scarf
	Suit & Dress Shirts		Inflatable Beach Ball
	Neck Tie, Silk Scarf		Packable Gifts Bags, Cards
	Sweaters	_	Still Have Room
	Swim Wear, Sarong		Trave Koom Travel Umbrella
	Sleep Wear		
	Athletic Wear, Runners		Currency Converter
ū	Rain Coat with Hood		Sewing Repair Kit
<u> </u>	Gloves, Hat, Scarf		Eye-glass repair kit
			Duct Tape
			Hair Dryer, Slippers
			Pedometer

For more packing tips and The Ultimate Traveler's Checklist™ read "Pack It Up" The Essential Guide to Organized Travel by Anne McAlpin available from www.PackItUp.com